**Crawfordsburn 5k Open Trail Race**

\*\*\* 3rd August 2022  at 7.15pm \*\*\*

Entries can be made online until midnight 2nd August  if the entry limit is not reached beforehand. There will be NO on the day entry. Entries are capped at 300 athletes.

£10 per person

Open to all athletes aged from 13, of all abilities, the undulating trail is a mixture of gravel, tarmac and grass paths that weave around the scenic country park and along the coastal path. The trail will be well marked and fully marshalled, and the race will be chip timed.

Toilet facilities and carparking are available at the Countryside Centre. There is no changing accommodation and runners should dress accordingly.

Full race information will be emailed to participants prior to the event. Please read this information carefully.

No dogs, no headphones, no buggies.

Enquiries: Events@northdownac.co.uk